



This document outlines the illness, attendance expectations, and health precautions for South Lake Home Educators.

## General Illness Attendance Policy

In consideration of all South Lake Home Educators members, families are expected to refrain from ANY SLHE events when illness symptoms may affect the health of others, or when a family member is not well enough to participate fully in activities. **Please do not attend any SLHE events if you or an immediate family member are experiencing:**

<b>Fever</b>	A fever within the last 24 hours without the use of fever-reducing medication.
<b>Respiratory Symptoms</b>	Persistent coughing, wheezing, or significant nasal congestion and drainage related to a contagious illness.
<b>Digestive Issues</b>	Vomiting, diarrhea, stomach pain, or other digestive symptoms related to a contagious illness.
<b>Other Symptoms</b>	Unusual fatigue, body aches, rash, sore throat, or any symptom that suggests a contagion.

## Contagious Illnesses Protocol

To maintain a healthy environment for all families, students, and siblings who have been diagnosed with or exposed to contagious illnesses should follow recommended isolation and return-to-group guidance before attending South Lake Home Educators activities related to, but not limited to:

## Common Contagious Conditions

Bronchitis  
Chickenpox  
Common cold  
Hand, foot, and mouth disease  
Head Lice  
Influenza (flu)  
Measles  
Mumps  
Pink eye (conjunctivitis)  
Pneumonia  
RSV  
Strep throat  
Whooping cough (pertussis)

# COVID-19 Specific Guidelines

Families should follow current CDC guidance for COVID-19 exposure, illness, isolation, and return-to-activity recommendations. Anyone with symptoms, a positive test, or recent exposure should remain home and follow the latest public health guidance before returning to group activities.

# Waiver of Liability

By participating in South Lake Home Educators activities, families acknowledge that they assume responsibility for their own health decisions and understand that illness exposure is possible in any group setting.

South Lake Home Educators, its leaders, and volunteers are not responsible for illness exposure, transmission, or related consequences that may occur before, during, or after participation in any event.

# Acknowledgment of Policy

By remaining enrolled and participating in South Lake Home Educators' activities, families acknowledge that they have read, understood, and agree to follow this illness policy.

1. I understand that I am responsible for keeping my family home when illness symptoms are present.
2. I understand that I should not attend or bring a child who may be contagious to any South Lake Home Educators activity.
3. I agree to follow applicable guidance for COVID-19 exposure, illness, and return to group activities.
4. I understand that participation is voluntary and that I assume responsibility for the health decisions of my family.

This policy is designed to protect the health, comfort, and well-being of all South Lake Home Educators' families.